

CURRICULUM VITAE

Asimwe Confidence Nkurunungi +256 0755 923 844 / 0781 302 354 Email: cnasiimwe@kab.ac.ug

EDUCATION AND SPECIALIZED TRAINING

2019: Master of Arts in Counseling Psychology: Makerere University, Kampala, Uganda

2009: Bachelor of Guidance and counselling: Kyambogo University, Kampala, Uganda

1999: Certificate in Management: Uganda Management Institute (UMI)

1992: Uganda Advanced Certificate of Education: Hornby High School, Kabale, Uganda

1990: Uganda Certificate of Education: Hornby High School, Kabale, Uganda

PROFESSIONAL EXPERIENCE AND ACCOMPLISHMENTS.

January 2020 – Present University counsellor, Kabale university: Duties include;

- Provide culturally sensitive individual and group sessions to students and staff of Kabale University
- Promote good mental health for staff and student through trainings in various skills such as; stress management, anger management and psychological First Aid.
- Work with heads of departments, lecturers to ensure that all those students who exhibit un acceptable behavior are helped through counseling
- Work closely with the university clinic to ensure both physical and psychological health for students and staff.
- Consult with different supervisors at the university to ensure a better working environment for both academic and none academic staff.
- Developing counselling guidelines and other relevant policies for the Kabale University counselling and guidance center.
- Write a monthly report on the status of counselling and guidance in the university

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July 2016 to December 2019: Psychologist Safe Places Uganda (A Rehabilitation Center): Duties Included;

- Organize and coordinate treatment programs for the clinical team.
- Chair monthly meetings for the team and report to the manager.
- Counseling and guidance for individual outpatient clients,
- Rehabilitation counseling for individuals struggling with addiction,
- Participated in out reaches to other organizations creating awareness about mental health.
- Family counselling,
- Carried out follow up visits to former clients.
- Monthly Report writing on client's progress

February 2010 –June 2016: Counselor Care counseling center:

- Counseling and guidance for individual clients and groups.
- Conducting trainings and sensitization exercises for different groups of people.
- Participated in out reaches to create awareness about mental health.

January 2016 –June 2016: Student Counselor Butabika Hospital:

- Rehabilitation counseling and guidance for individual clients and groups.
- Psychoeducation and life skills training for clients in the Alcohol and drug Unit (ADU).
- Writing session notes for supervision and progress reports

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August 2015- Dec 2015: Student Counselor University Hall Makerere University:

- Counseling and guidance for individual clients and groups.
- Psychoeducation and life skills training
- Writing session notes for supervision and progress reports

CONSULTANCY POSITIONS

February to April 2019: Group Facilitator – For Master Card students of Makerere University: Safe-Haven Child & Family Counseling Centre.

June 2018 to Date: Lead Consultant/ psychologist (Calm Consult Ltd): Head of primary prevention in the project: Fight against Drug and Substance Abuse (FADSA) among primary school pupils and students in Kampala district.

April 2019: Facilitated a training for teachers in selected central region schools (Kampala , Wakiso) on early detection and management of drug and substance abuse among secondary school students and primary school pupils. Organized by National Drug Authority.

2018: Lead consultant in the benefits of educating the ‘girl child’: The challenges and management. Focus was to sensitization pupils, teachers and parents in selected primary and secondary schools in Wakiso district, sponsored by the Rotary club of Kampala central.

2017: Team leader essay writing competition among primary school pupils and secondary school student’s country wide under the theme “Focus on your Education, Say No to drug and substance abuse. Sponsored by National Drug authority and New Vision.

2017: Conducted debriefing sessions for TPO staff working with refugees in Yumbe District Northern Uganda and preparing them for the transition into end of project.

2016: Lead consultant for the KIBABA campaign whose theme was “stay focused Say No to Weed” which covered all the schools both primary and secondary which benefited from NiE project, sponsored by National Drug authority and The New vision.

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2016: Team leader for answering questions from students and pupils on the topic of drug and substance abuse in the New Vision, newspaper in education (NiE) in partnership with National Drug authority.

2016: Team leader in the second sensitization exercise which incorporated an aspect of evaluation, to establish the effectiveness of the pilot sensitization facilitated by National Drug authority.

2015: Team leader in the making the documentary about the “realities of drug and substance abuse and addiction as told by the victims” as a tool to use in the second sensitization exercise among secondary school students. Facilitated by National Drug authority.

2014: Team leader in the pilot sensitization exercise about the dangers of drug and substance abuse in selected secondary school in the seven National Drug authority NDA regions, facilitated by National Drug Authority.

2013: Team leader during a min survey about drug and substance abuse among secondary school students in the central region of Uganda, conducted by National Drug authority.

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RESEARCH EXPERIENCE

- ❖ The relationship between authoritarian parenting styles, substance abuse and externalized problem behavior among secondary school students in Kampala district. For the award of a masters of art in counseling psychology from Makerere university (Dec. 2018).
- ❖ Research assistant in the Second Market Survey for World Bank on “Innovative, Integrated Approach to Enhance Smallholder Family Nutrition” in Kabwohe, Ibanda, Lukaya and Kyotera Sites. (June- July 2015).
- ❖ Research assistant in the Survey for World Bank on “Innovative, Integrated Approach to Enhance Smallholder Family Nutrition” in Kabwohe, Ibanda, Lukaya and Kyotera Sites. (May- June 2015).
- ❖ Research assistant in the baseline Survey for World Bank on “Innovative, Integrated Approach to Enhance Smallholder Family Nutrition” in Ibanda, Kabwohe, Kalisizo, Kinoni, Kyotera, Lukaya, and Rubindi Sites (March 2014).

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- ❖ Measuring the impact of loan facilities to individual households. (SPM) Social performance monitoring, conducted by Remode Enterprises a micro finance institution among their clients in the areas of kamwokya and Bukoto kampala district. (Sptmber2012).
- ❖ The study to establish the relationship between parenting and juvenile delinquency among youth in kawempe division, area in focus Kyebando kisalosalalo submitted to Kyambogo University to complete a bachelor of guidance and counseling (October 2008).

ADDITIONAL CAREER TRAINING

- Crisis and Trauma management Training: School of psychology Makerere university in collaboration with professors from St, John Fisher College and Louisiana state university (August 2018).
- Facilitating group counselling sessions with adolescents: Safe haven child and family counseling center (July 2018).
- Building competencies in Family therapy: Safe haven child and family counseling center (July 2018).
- Cognitive Testers Training in KABC and Mullen (Assessment Batteries for children. with Department of social work and social administration Makerere University and KCHPF project (Dec 2017).
- Certificate in Tobacco Use and Dependence Treatment skills from Makerere university school of public health (July 2012).
- Certificate in Cognitive behavior therapy Uganda counseling Association (September 2010).
- Certificate TOT in conflict resolution and management from Makerere University Civil Peace Service Project (March, April and May 2007).
- Certificate in conflict resolution and management from Makerere University Civil Peace Service Project (March, April and May 2006).

WRITING EXPERIENCE

- Developed IEC materials for sensitization against the dangers of drug and substance abuse; targeting school going pupils and students for National Drug Authority (NDA April 2019).

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- Authored a booklet Titled: what parents and children need to know about drug and substance abuse (April, 2018).
- A pocket booklet for busy Christian parents: Titled Raising children by kingdom principles. (May 2017).
- Developed a drug abuse leaflet Titled: what you need to know about drug and substance abuse, which was used during The International Day against Substance Abuse and Illicit Drug Trafficking, For Ministry Of Health, (Date: 28th June 2016).

WORKSHOPS AND CONFRENCES ATTENDED

- ❖ Review on draft regulations on display of notices for smoke free public places and comprehensive ban on tobacco advertising promotion and sponsorship (Nov 2017).
- ❖ Review of the tobacco control policy and strategic plan (July 2017).
- ❖ Uganda counseling association 10th annual conference. Theme. “Mandate the key driver to professional counseling in Uganda”.(9th to 11th April 2014 Held at Makerere University school of Food science and technology).
- ❖ Drug and Substance abuse among Secondary school students by National drug Authority (May 2013 Silver Springs Hotel Kampala).
- ❖ Uganda counseling association 9th annual conference. Theme “.Bringing professional counseling closer to the people”. (10th to 12th April 2013).
- ❖ Mental, Neurological and Substance abuse (MNS): Ministry of Health (July 2013)
- ❖ National Adolescent Health Policy for Uganda (Ministry of Health) (April 2012 Held at Colin Hotel Mukono).
- ❖ Uganda counseling association 8th annual conference. Theme. “Stress and Depression in the modern world. Causes, assessment prevention and treatment”. (April 2011).
- ❖ The use of motivational Interviewing in rehabilitation counseling held at PADA office in Mulago (May 2010).
- ❖ Trauma and crisis counseling for people Helpers (May 2008 Held at Al l saints church Kampala).
- ❖ Uganda counseling association conference for Counselor’s. Theme. “Challenges of professional counseling in Uganda”. Held at Hotel African, (23rd to 24th March 2006).

TRAINING AND SENSITIZATION WORKSHOPS CONDUCTED

- ❖ Facilitated at “A Girl’s Closed Door Meeting: under the theme “Balancing freedom at the university and academics, “the danger of Drugs” (29th April 2017).
- ❖ Presented on the international day against substance abuse and illicit drug trafficking,

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- ❖ Topic: Drug and substance abuse: Are Our Students Safe?? Venue: Ministry of Health, Compound (28th June 2016)
- ❖ Conducted a training for parents and teachers on how to prevent child sexual abuse and drug and substance abuse among pupils and students in Wakiso district with Rotary Club of Kampala central (August – October 2016).
- ❖ Conducted training on how to prevent child sexual abuse. Among a group of 50 Parents in Buwate Kira (March 2016).
- ❖ Conducted training on the relationship between parenting and drug abuse among children. A group of 60 parents in Lunguja. Lubaga division (January 2016)
- ❖ What are the Challenges of parenting in the 21st century? Group of parents at all saints church Kampala. (September 2015).
- ❖ What is parenting? Group of parents in Namasuba church of Uganda (June 2015).
- ❖ The relationship between drug abuse and HIV Aids. Among Road construction workers in Mbalala Jinja road. (April 2015).
- ❖ What parents should know about drugs and substances abuse. A group of parents at all saints church Nakasero. (January 2015)
- ❖ The relationship between drug abuse and HIV Aids. Among community members in Kyebando Kisalosal LC1 Kawempe division. (August 2014).
- ❖ What is parenting? The different parenting styles. A group of women from the Auditor general's office (June 2014).

MEMBERSHIP

- Member of the Uganda Counseling Association (ACA).

PERSONAL COMPETENCIES

I am a self-motivated, confident, determined and hardworking individual with an adaptable approach to work. I possess strong communication skills, good interpersonal skills and very good at team work.

- self-motivated
- determined and hard working

Team player, cooperative and collaborative.

High level of integrity.

LANGUAGES SPOKEN:

Fluency in English, Runyakitara and Luganda. Kyinyarwanda and basic knowledge of Kiswahili.

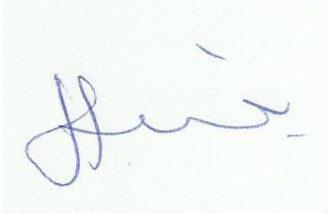
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COMPUTER PROFICIENCY: Proficiency in Microsoft Office Applications of Word, PowerPoint, Access and Excel Internet use.

I confirm that all information stated in this document is correct and complete to the best of my knowledge.

Name: Asiimwe confidence Nkurunungi

A handwritten signature in blue ink on a light green background. The signature is cursive and appears to read 'Asiimwe'.

Date: 16th July, 2020